

PROGRAMMATION TRIMESTRIELLE RANDONNEES PESDESTRE ET NEIGE

| PROGRAMMATION TRIMESTRIELLE RANDONNEES PESDESTRE ET NEIGE | | | | | | | | | | | |
|---|------------|-------------|-----|-----------------------------|----------------|-----------|---------------|--------------------------------------|----------------|--------------|--------------|
| Jour | Date | Type Niveau | IBP | Animateur(s) responsable(s) | H RDV parking* | Dist km | Départ rando | But rando / alt. max. | D+ / km | Durée marche | Observations |
| JANVIER | | | | | | | | | | | |
| DIM | 05/01/25 | RAQ | | Monique Barbesier | | | | | | | |
| MARDI | 07/01/25 | cool | | N Bosco | 9h30 / P | 10Km | Le Grand Lara | Autour du GD Lara | 200m / 8Km | 4H | |
| MARDI | 07/01/25 | RAQ | | Monique Barbesier | | | | | | | |
| JEUDI | 09/01/25 | BC | | | | | | | | | |
| JEUDI | 09/01/25 | RAQ | | Tous les animateurs | | | Réallon | Journée sécurité montagne | | | |
| DIM | 12/01/25 | RAQ | | Jean-Louis Nicollet | | | | | | | |
| | | | | | | | | | | | |
| MARDI | 14/01/2025 | COOL | | FERRARA Fabio | 8h30-PISC | A/R 60 KM | BREZIERS | sentier botanique/ chapelle st sixte | 300 m/ 6km 500 | 3h | |
| MARDI | 14/01/25 | RAQ | | Gérard Varin | | | | | | | |
| JEUDI | 16/01/25 | BC | | | | | | | | | |
| JEUDI | 16/01/25 | RAQ | | Sylvie Vancayseele | | | | | | | |
| DIM | 19/01/25 | RAQ | | Monique Barbesier | | | | | | | |
| | | | | | | | | | | | |
| mardi | 21/01/25 | cool | | Henri CIRERA | 9h P | 30km | LE Poet | Lac de Mison | 132m/6km | 3h | |
| JEUDI | 23/01/25 | RAQ | | Bernard Rougny | | | | | | | |
| JEUDI | 23/01/25 | B/C | | N Bosco | ???? | | | | | | |
| DIM | 26/01/25 | RAQ | | Annie Maurel | | | | | | | |
| SEJOUR SAUZE DU 27 AU 31 JANVIER 25 | | | | | | | | | | | |
| MARDI | 28/01/25 | COOL | | | | | | | | | |
| JEUDI | 30/01/25 | | | | | | | | | | |
| JEUDI | 30/01/25 | RAQ | | Henri Cirera | | | | | | | |

PROGRAMMATION TRIMESTRIELLE RANDONNEES PESDESTRE ET NEIGE

| FEVRIER | | | | | | | | | | |
|---------|------------|------|--|---------------------|---------------|-------|----------------------------------|--------------------------|---------------|-----|
| DIM | 02/02/25 | RAQ | | Annie Maurel | | | | | | |
| | | | | | | | | | | |
| MARDI | 04/02/25 | RAQ | | Monique Barbesier | | | | | | |
| MARDI | 04/02/25 | COOL | | Sylvie Vancayseele | 9H 30/ S | | Pelleautier | rando à paritr du lac | 155 m 5km 200 | |
| JEUDI | 06/02/25 | BC | | N Bosco | 9H / P | 15 Km | La Saulce | La Sainte Croix | 470m / 9 Km | 5 H |
| JEUDI | 06/02/25 | RAQ | | Bernard Rougny | | | | | | |
| DIM | 09/02/25 | RAQ | | Monique Barbesier | | | | | | |
| | | | | | | | | | | |
| MARDI | 11/02/25 | COOL | | N Bosco | 9H / D | 12 Km | La Batie Neuve | Col des Abrets | 300M : 8Km | 4H |
| MARDI | 11/02/25 | RAQ | | Tous les animateurs | | | St Léger les Mélé | Sortie Nocturne | | |
| JEUDI | 13/02/2025 | B C | | FERRARA Fabio | 8h30- PISC | 20 KM | CHORGES | BOUCLE DU BOIS SEIGNERES | 300 M 7KM | 5H |
| JEUDI | 13/02/25 | RAQ | | Gérard Varin | | | | | | |
| DIM | 16/02/25 | RAQ | | Monique Barbesier | | | | | | |
| | | | | | | | | | | |
| MARDI | 18/02/25 | cool | | Henri CIRERA | 9H D | | Mongardin | Le tour du Chatelard | 230m / 7,9km | 5h |
| MARDI | 18/02/25 | RAQ | | Jean-Louis Nicollet | | | | | | |
| JEUDI | 20/02/25 | B/C | | S Borel | 9h/ S | 34 KM | Le Saix | de Clausonne 500M / 10KM | 4H 30 | |
| JEUDI | 20/02/25 | RAQ | | Annie Maurel | | | | | | |
| DIM | 23/02/25 | RAQ | | Henri Cirera | | | | | | |
| | | | | | | | | | | |
| MARDI | 25/02/25 | RAQ | | Sylvie Vancayseele | | | | | | |
| MARDI | 25/02/25 | COOL | | | | | | | | |
| JEUDI | 27/02/2025 | B/C | | S Borel | 9H / S | 14 KM | La Roche des Arnaud Corréo | | 400m/9km | 4H |

PROGRAMMATION TRIMESTRIELLE RANDONNEES PESDESTRE ET NEIGE

| MARS | | | | | | | | | | |
|--|------------|------|--|---------------------|---------------|-------|----------------|-----------------------|------------------|----|
| DIM | 02/03/25 | RAQ | | Monique Barbesier | | | | | | |
| | | | | | | | | | | |
| MARDI | 04/03/25 | RAQ | | Tous les animateurs | | | Joue du Loup | Fête de la neige | | |
| MARDI | 04/03/25 | COOL | | E Leblanc | h 30 verdu | 0 | GAP | colline de Puymaure | 220m/ 7 km | 3H |
| JEUDI | 06/03/25 | B/C | | N Bosco | 9H / D | 34 Km | Boscodon | Fontaine de l'Ours | 560M/11KM | 5H |
| JEUDI | 06/03/25 | RAQ | | Henri Cirera | | | | | | |
| DIM | 09/03/25 | RAQ | | Annie Maurel | | | | | | |
| SEJOUR RAQUETTES A NEIGE DU 11 AU 13 MARS 25 | | | | | | | | | | |
| MARDI | 11/03/25 | RAQ | | Jean-Louis Nicollet | | | | | | |
| MARDI | 11/03/25 | COOL | | | | | | | | |
| JEUDI | 13/03/2025 | B | | FERRARA Fabio | 8h30- PISC | 70 KM | LA BREOLE | LE CLOT DE LA CIME | 670M /12 KM | 6h |
| JEUDI | 13/03/25 | RAQ | | Bernard Rougny | | | | | | |
| DIM | 16/03/25 | RAQ | | Annie Maurel | | | | | | |
| | | | | | | | | | | |
| MARDI | 18/03/25 | RAQ | | Gérard Varin | | | | | | |
| MARDI | 18/03/25 | COOL | | | | | | | | |
| JEUDI | 20/03/25 | B C | | E Leblanc | 9h D | 27 km | Chorges | lac à "marée basse" | 00 m / 8 à 10 km | |
| JEUDI | 20/03/25 | RAQ | | Monique Barbesier | | | | | | |
| DIM | 23/03/25 | | | | | | | | | |
| SEJOUR SERRE CHEVALIER 24 AU 28 MARS 25 | | | | | | | | | | |
| | | | | | | | | | | |
| MARDI | 25/03/25 | COOL | | E Leblanc | 9h30 P | 15km | Roche des Arna | le marais de Manteyer | 230m 7 km | |
| JEUDI | 27/03/25 | BC | | | | | | | | 4h |
| JEUDI | 27/03/25 | RAQ | | Henri Cirera | | | | | | |
| DIM | 30/03/25 | RAQ | | Monique Barbesier | | | | | | |